
Safe at School®: School Diabetes Discrimination Checklist

For Use by Licensed Health Care Providers

Children with diabetes may not have access to appropriate diabetes management at school and are sometimes treated unfairly, which is a case of discrimination. This means that children may be placed in school settings that increase their risk for short and long-term medical complications and make it difficult for them to learn. Children with diabetes may be excluded from field trips, extracurricular activities, or other school-sponsored activities just because they have diabetes. This unfair treatment may adversely affect your patients' blood glucose control, increase risk for serious complications, and adversely impact their ability to learn and participate at school. If one of your patients has experienced discrimination, help is available from the **American Diabetes Association®**.

Please use this checklist to identify pediatric patients who may be encountering diabetes-related barriers at school and encourage them to contact us for help by calling **1-800-DIABETES (1-800-342-2382)**.

Has your patient experienced any of the following at school?

- No one to administer insulin at school.
- No one to administer glucagon at school.
- No one to perform blood glucose checks at school.
- No one to monitor and respond to CGM alarms.
- No one who can recognize and treat hypoglycemia.
- No one who can recognize and treat hyperglycemia.
- Students not allowed to attend field trips and extracurricular events without parent/guardian.
- Self-managing student is not allowed to self-manage diabetes anywhere, anytime.
- School refuses to develop a Section 504 Plan or IEP for the student.

If you checked any of the above experiences, your patient's health may be at risk and we recommend taking the following steps:

- Document identified issues.
- With parental/guardian permission, contact the school to discuss appropriate care and provide suggested resources and tools to meet your patient's needs.
- Encourage parent/guardian to review information at diabetes.org/safeatschool and call **1-800-DIABETES (1-800-342-2382)** for more information and guidance.